







# Standard Mattress Sizes



1 Piece Mattress in Standard UK Sizes	Metric (cm)		Nearest Imperial Equivalent (Feet/Inches)		Hints and tips to consider
	Width	Length	Width	Length	
Single 	90	190	3'	6'3"	It may be worth considering a longer bed if you are tall.
Double 	135	190	4'6"	6'3"	Sleeps 2, you have a cosy 67.5cm each. Consider a longer bed if you are tall.
King 	150	200	5'	6'6"	Sleeps 2 nicely, 75cm each.
Super king 	180	200	6'	6'6"	Sleeps 2 nicely, 90cm each.



# Alternative Mattress Sizes



1 Piece Mattress in Alternative Sizes	Metric (cm)	Nearest Imperial Equivalent (Feet/Inches)	Hints and tips to consider
Images below are for guidance only	Width Length	Width Length	
Small Double 	120 190	4' 6'3"	Plenty of space for 1. Great for smaller bedrooms where a standard double won't quite fit.
Euro King 	160 200	5'3" 6'6"	Often referred to as a 'continental double'. The more room to sleep in the better. Great if a super king won't quite go.


# Adjustable bed sizes



Sizes to fit single or dual adjustable beds*	Metric (cm)	Nearest Imperial Equivalent (Feet/Inches)	Hints and tips to consider
<p>Images below are for guidance only</p>	<p>Width   Length</p>	<p>Width   Length</p>	<p>*Adjustable beds are often longer than the nearest equivalent static model. Make sure you measure properly before you order.</p>
<p>Small single </p>	<p>75   200</p>	<p>2'6"   6'6"</p>	<p>Order 2 for a king size, products available to order online.</p>
<p>Long single </p>	<p>90   200</p>	<p>3'   6'6"</p>	<p>Order 2 for a super king size, products available to order online.</p>


# Adjustable bed sizes (continued...)



Sizes to fit single or dual adjustable beds*	Metric (cm)	Nearest Imperial Equivalent (Feet/Inches)	Hints and tips to consider
<p>Long small double</p> 	120    200	4'    6'6"	<p>Adjustable beds in small double size (120cm) width often have just a single handset or mechanism to raise and lower the mattress. Often they are longer than static bed bases. Make sure you measure properly.</p>

# Adjustable bed sizes (continued...)



Sizes to fit single or dual adjustable beds*	Metric (cm)	Nearest Imperial Equivalent (Feet/Inches)	Hints and tips to consider
Long double 	135    200	4'6"    6'6"	Adjustable beds in standard double width (135cm) often have just a single handset or mechanism to raise and lower the mattress. Often they are longer than static bed bases. Make sure you measure properly.

# Adjustable bed sizes (continued...)



Sizes to fit single or dual adjustable beds*	Metric (cm)	Nearest Imperial Equivalent (Feet/Inches)	Hints and tips to consider
King 	N/a    N/a	N/a    N/a	See Small single (75cm width).
Super King 	N/a    N/a	N/a    N/a	See Long single (90cm width).